

Watsonville **FREE** Guide

www.free-guide.org

Shelter

For women and children -

Grace Harbor Union & Maple St. 831-210-1860

Pajaro Valley Shelter 115 Brennan St. 831-728-5649

For men -

Grace Harbor 104 Grant St. 831-498-0557

Pajaro Rescue Mission 111 Railroad Ave. 831-724-9576

Meals

Pajaro Valley Loaves & Fishes *Mon-Fri 12pm* 150 2nd St. 831-722-4144

Salvation Army Center *Mon-Fri 5pm* 214 Union St. 831-724-3922

Groceries

Second Harvest Food Bank *Mon-Fri 8am-4:30pm* 831-662-0991

Help

Community Bridges *Programs, resources, enrollment and food*
831-688-8840

Community Action Board *employment, immigration, assistance with
water bills, rent, mortgage, motel vouchers* 831-763-2147

Dominican Mobile Wellness Clinic *mobile van* 831-713-8751

Watsonville Crestview Health Center *healthcare* 831-763-8400

Planned Parenthood *women's health* 831-724-7525

Monarch Services *women's crisis intervention* 831-724-7525

Supportive Services for Veterans 831-462-3229

Pets of the Homeless *emergency veterinarian & pet food* 775-841-7463
211 *Community, health and human services directory assistance*

Suicide Prevention Hotline 877-ONE-LIFE **Crisis Text Line** 741-741